



In Botswana, there's a group of people called Bushmen. They are an egalitarian and collaborative society; they do not differentiate people by gender or by age. "Dumela" is a greeting that means "I acknowledge you; we are whole and ready to have a positive interaction." My experience working as a knit designer make me believe that the maker's community is like the Bushmen people.

I thought Dumela would be a perfect name for the Global episode of The Knit Show!

# Dumela



## Finished Measurements

43 (51, 57, 63, 67)" / 109 (129.5, 145, 160, 170) cm bust circumference to fit 30-34 (36-40, 42-46, 48-52, 54-58)" / 76-86.5 (91.5-101.5, 107-117, 122-132, 137-147) cm bust measurement; Sizes XS (S, M, L, XL); Sample shown in size S 51" (129.5 cm) with 9" to 14" (23 to 35.5 cm) of positive ease.

## Materials

Yarn: Malabrigo Twist (100% Pure baby Merino Wool) 50g / 150 yd – color 411 Green Gray – 6 (7, 8, 10, 11) skeins – 848 (1.078, 1.252, 1.448, 1.582) yds of aran weight yarn.

## Recommended Needle Size

Two 32" (or longer) circular needles in size US 8 (5mm)

OR

(One 32" (or longer) circular needle in size US 8 (5mm) AND

One 24" (or longer) circular needle in size US 8 (5mm))\*

One 20" or 16" circular needle in size US 7 (4.5mm)

One set double-pointed needles in size US 8 (5mm)

One set double-pointed needles in size US 7 (4.5mm)

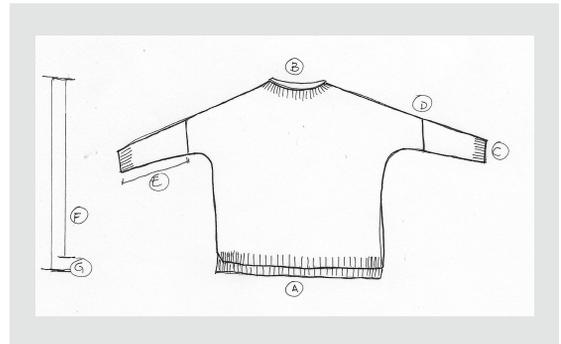
One set double-pointed needles in size US 6 (4mm)

## Or size to obtain gauge

\*the longest one is for accommodate comfortably the stitches from both front and back parts

Notions: cable needle, stitch markers, stitch holder or waste yarn, tapestry needle

## Schematics



## Gauge

16 sts / 24.5 rows = 4"X 4" in Stockinette stitch using US 8 (5mm) needles, after blocking

17 sts / 24 rows = 4"X 4" in 2 X 2 Rib using US 8 (5mm) needles, after blocking.

## Final Measurements

A – Body circumference: 43 (51, 57, 63, 67)".

B – Neckline: 9 (9 1/2, 10.5, 11, 12)".

C – Cuff: 9 (9 1/2, 10, 10.5, 11)".

D – Upper arm circumference: 11 (12.5, 13 1/2, 14, 15 1/2)".

E – Arm length (upper arm to cuff): 15 (15, 15, 15)".

F – Total Front Length: 23 1/4 (25, 25 3/4, 27, 27 3/4)".

G – Total Back Length: 24 (25 3/4, 26 3/4, 28, 28 3/4)".



## Pattern Notes

Back and front ribbed hems are worked separately with 2-st i-cord edging at each end. Work is then joined in the round and worked to the underarm. Front and Back are again separated at the underarms and worked to the shoulders. Shoulders are joined using a 3-needle Bind Off. Stitches are picked up from the armhole for each sleeve and worked down to the cuff.

## Abbreviations

CO – cast on

BO – bind off

RS – right side

WS – wrong side

LH – left hand

RH – right hand

k – knit

p – purl

st(s) – stitch(es)

St st – stockinette stitch

m – stitch marker

pm – place marker

slm – slip marker

sl – slip

sl2 wyb – slip 2 sts purlwise with the working yarn on the back

sl2 wyf – slip 2 sts purlwise with the working yarn on the front

dec – decrease(d)

inc – increase(d)

rem – remain(ing); remain(s)

beg – beginning

dpns – double-pointed needles

approx. – approximately

cm – centimetre(s)

mm – millimetre(s)

yd – yard(s)

g – grams

M1R – (1 st increased) make 1 st leaning to the right. Insert LH needle, from back to front, under the strand of yarn that runs between next st on LH needle and last st on RH needle. Knit this st through front loop.

M1L – (1 st increased) make 1 st leaning to the left. Insert LH needle, from front to back, under the strand of yarn that runs between next st on LH needle and last st on RH needle. Knit this st through back loop.

k2tog – knit two together

ssk – slip 2 sts knitwise, return both to LH needle, knit them together

2 X 2 Rib – \*k2, p2, repeat from \* to the end of row

## Stockinette stitch (St st)

Worked in the round: Knit every round.

Worked flat: Knit on RS and purl on WS.



## Directions:

### Back Hem

With US 8 (5mm) circular needle, CO 88 (104, 116, 128, 136) sts.

Row 1: k2, **pm**, p1, \*(k1, p1) repeat from \* 5 times, **pm**, k2, \*(p2, k2) repeat from \* 15 (19, 22, 25, 27) times, **pm**, p1, \*(k1, p1) repeat from \* 5 times, **pm**, sl2 wyb.

Row 2: p2, slm, k1, \*(p1, k1) repeat from \* 5 times, slm, p2, \*(k2, p2) repeat from \* 15 (19, 22, 25, 27) times, slm, k1, \*(p1, k1) repeat from \* 5 times, slm, sl2 wyf.

Repeat rows 1 and 2 seven (7) more times (16 rows total).

Break yarn and leave sts on the needles.

### Front Hem

With another US 8 (5mm) circular needle, CO 88 (104, 116, 128, 136) sts.

Row 1: k2, **pm**, p1, \*(k1, p1) repeat from \* 5 times, **pm**, k2, \*(p2, k2) repeat from \* 15 (19, 22, 25, 27) times, **pm**, p1, \*(k1, p1) repeat from \* 5 times, **pm**, sl2 wyb.

Row 2: p2, slm, k1, \*(p1, k1) repeat from \* 5 times, slm, p2, \*(k2, p2) repeat from \* 15 (19, 22, 25, 27) times, slm, k1, \*(p1, k1) repeat from \* 5 times, slm, sl2 wyf.

Repeat rows 1 and 2 four (4) more times. Repeat row 1 once (11 rows total).

### Body

With Front and Back Hem RS facing, slip the last 2 sts of the Front Hem to a cable needle. Place the cable needle parallel and behind the needle with the Back Hem stitches. Knit together one stitch from the Back Hem needle and one stitch from the cable needle (2 sts dec).

Work 42 (50, 56, 62, 66) sts from the Back Hem needle, as established, place a marker to indicate the beginning of the rounds, work 42 (50, 56, 62, 66) sts as established. Slip the last 2 sts onto a cable needle. Place the cable needle parallel and in front of the needle with the Front Hem sts. Knit together one stitch from the cable needle and one stitch from the Front Hem needle (2 sts dec). Work as established to the marker. 172 (204, 228, 252, 268) sts rem.

Work even in Stockinette stitch until the body measures 12 (13, 13, 14, 14)'' from the Front CO.

Place markers on the sides to start the underarm shaping as follows:

Next round: k43 (51, 57, 63, 67), **pm**, k86 (102, 114, 126, 134), **pm**, k to beg marker.

Inc round: \*k to 1 st before m, M1R, k1, slm, k1, M1L; repeat from \* once more, k to m. (4 sts inc).

Knit 1 round.

Repeat Inc round. (4 sts inc).

Knit 2 rounds. 180 (212, 236, 260, 276) sts rem.

### Separate Front and Back

#### Front

Remove m, k to next m, turn, putting the rem 90 (106, 118, 130, 138) sts of the round on a stitch holder (back sts).



Row 1 (RS): Using the cable cast on, CO 2 sts, k to end (2 sts inc).

Row 2 (WS): Using the cable cast on, CO 2 sts, p to end (2 sts inc).

Row 3: Using the cable cast on, CO 12 sts, k to end (12 sts inc).

Row 4: Using the cable cast on, CO 12 sts, p to end (12 sts inc). 118 (134, 146, 158, 166) sts rem.

Work even in St st 31 (35, 39, 41, 45) rows.

Place markers for shoulders and front neck shaping as follows:

Next row (WS): p56 (64, 69, 74, 78) sts, **pm** for front neck, p6 (6, 8, 10, 10) sts, **pm** for front neck, p56 (64, 69, 74, 78) sts.

## Shoulder shaping

After the initial bind off row of shoulder shaping, slip purlwise the first stitch at the beginning of each bind off at neck edge. When joining the new ball of yarn, slip the first stitch, then join the yarn, to work the next stitch.

Next row (RS): BO 4 (5, 5, 5, 5) sts, knit to end.

Next row (WS): BO 4 (5, 5, 5, 5) sts, purl to end. 110 (124, 136, 148, 156) sts rem.

Repeat last 2 rows once more. 102 (114, 126, 138, 146) sts rem.

## Start front neck shaping

Both sides of front neck are worked at the same time, each one with its own strand of yarn. Remove markers while working the next row.

Next row (RS): BO 4 (5, 5, 5, 5) sts, k to m, join a new ball of yarn and BO all sts to next marker, k to end.

Next row (WS): BO 4 (5, 5, 5, 5) sts, p to right neck edge; (on left neck edge, with the original yarn) p to end. 44 (49, 54, 59, 63) sts rem at each side.

Next row (RS): BO 4 (4, 5, 5, 5) sts, k to neck edge; BO 3 (3, 3, 3, 3) sts, k to end.

Next row (WS): BO 4 (4, 5, 5, 5) sts, p to neck edge; BO 3 (3, 3, 3, 3) sts, p to end. 37 (42, 46, 51, 55) sts rem at each side.

Next row (RS): BO 4 (4, 4, 5, 5) sts, k to neck edge; BO 3 (3, 3, 3, 3) sts, k to end.

Next row (WS): BO 4 (4, 4, 5, 5) sts, p to neck edge; BO 3 (3, 3, 3, 3) sts, p to end. 30 (35, 39, 43, 47) sts rem at each side.

Next row (RS): BO 3 (4, 4, 5, 5) sts, k to neck edge; BO 2 (2, 3, 3, 3) sts, k to end.

Next row (WS): BO 3 (4, 4, 5, 5) sts, p to neck edge; BO 2 (2, 3, 3, 3) sts, p to end. 25 (29, 32, 35, 39) sts rem at each side.



Next row (RS): BO 3 (4, 4, 5, 4) sts, k to neck edge; BO 2 (2, 2, 2, 2) sts, k to end.

Next row (WS): BO 3 (4, 4, 5, 4) sts, p to neck edge; BO 2 (2, 2, 2, 2) sts, p to end. 20 (23, 26, 28, 33) sts rem at each side.

Next row (RS): BO 3 (4, 4, 4, 4) sts, k to neck edge; BO 2 (2, 2, 2, 2) sts, k to end.

Next row (WS): BO 3 (4, 4, 4, 4) sts, p to neck edge; BO 2 (2, 2, 2, 2) sts, p to end. 15 (17, 20, 22, 27) sts rem at each side.

Next row (RS): BO 3 (3, 3, 4, 4) sts, k to neck edge; BO 1 (2, 1, 1, 2) sts, k to end.

Next row (WS): BO 3 (3, 3, 4, 4) sts, p to neck edge; BO 1 (2, 1, 1, 2) sts, p to end. 11 (12, 16, 17, 21) sts rem at each side.

Next row (RS): BO 2 (3, 3, 4, 4) sts, k to neck edge; BO 1 (1, 1, 1, 1) sts, k to end.

Next row (WS): BO 2 (3, 3, 4, 4) sts, p to neck edge; BO 1 (1, 1, 1, 1) sts, p to end. 8 (8, 12, 12, 16) sts rem at each side.

Next row (RS): BO 2 (2, 3, 3, 3) sts, k to neck edge; BO 1 (1, 1, 1, 1) sts, k to end.

Next row (WS): BO 2 (2, 3, 3, 3) sts, p to neck edge; BO 1 (1, 1, 1, 1) sts, p to end. 5 (5, 8, 8, 12) sts rem at each side.

## Sizes M, L and XL only:

Next row (RS): BO - (-, 2, 2, 3) sts, k to neck edge; BO - (-, 1, 1, 1) sts, k to end.

Next row (WS): BO - (-, 2, 2, 3) sts, p to neck edge; BO - (-, 1, 1, 1) sts, p to end. 5 (5, 5, 5, 8) sts rem at each side.

## Size XL only:

Next row (RS): BO - (-, -, -, 2) sts, k to neck edge; BO - (-, -, -, 1) sts, k to end.

Next row (WS): BO - (-, -, -, 2) sts, p to neck edge; BO - (-, -, -, 1) sts, p to end. 5 (5, 5, 5, 5) sts rem at each side.

BO all remaining stitches. Break the yarn.

## Back

Return the back stitches held on stitch holder to the working needle. Join the yarn, ready to work a RS row. 90 (106, 118, 130, 138) sts.

Row 1 (RS): Using the cable cast on, CO 2 sts, k to end (2 sts inc).

Row 2 (WS): Using the cable cast on, CO 2 sts, p to end (2 sts inc).

Row 3: Using the cable cast on, CO 12 sts, k to end (12 sts inc).

Row 4: Using the cable cast on, CO 12 sts, p to end (12 sts inc). 118 (134, 146, 158, 166) sts rem.

Work even in St st 31 (35, 39, 41, 45) rows.



Place markers for shoulders and back neck shaping as follows:

Next row (WS): p46 (53, 58, 63, 66) sts, pm for back neck, p26 (28, 30, 32, 34) sts, pm for back neck, p46 (53, 58, 63, 66) sts.

## Shoulder shaping

After the initial bind off row of shoulder shaping, slip purlwise the first stitch at the beginning of each bind off at neck edge. When joining the new ball of yarn, slip the first stitch, then join the yarn to work the next stitch.

Next row (RS): BO 4 (5, 5, 5, 5) sts, k to end.

Next row (WS): BO 4 (5, 5, 5, 5) sts, p to end. 110 (124, 136, 148, 156) sts rem.

Repeat last 2 rows twice more. 94 (104, 116, 128, 136) sts rem.

Next row (RS): BO 4 (4, 5, 5, 5) sts, k to end.

Next row (WS): BO 4 (4, 5, 5, 5) sts, p to end. 86 (96, 106, 118, 126) sts rem.

Next row (RS): BO 4 (4, 4, 5, 5) sts, k to end.

Next row (WS): BO 4 (4, 4, 5, 5) sts, p to end. 78 (88, 98, 108, 116) sts rem.

Next row (RS): BO 3 (4, 4, 5, 5) sts, k to end.

Next row (WS): BO 3 (4, 4, 5, 5) sts, p to end. 72 (80, 90, 98, 106) sts rem.

Next row (RS): BO 3 (4, 4, 5, 4) sts, k to end.

Next row (WS): BO 3 (4, 4, 5, 4) sts, p to end. 66 (72, 82, 88, 98) sts rem.

Next row (RS): BO 3 (4, 4, 4, 4) sts, k to end.

Next row (WS): BO 3 (4, 4, 4, 4) sts, p to end. 60 (64, 74, 80, 90) sts rem.

## Sizes M, L and XL only:

Next row (RS): BO - (-, 3, 4, 4) sts, k to end.

Next row (WS): BO - (-, 3, 4, 4) sts, p to end. 60 (64, 68, 72, 82) sts rem.

## Size XL only:

Next row (RS): BO - (-, -, -, 4) sts, k to end.

Next row (WS): BO - (-, -, -, 4) sts, p to end. 60 (64, 68, 72, 74) sts rem.

## Start back neck shaping

Both sides of back neck are worked at the same time, each one with its own strand of yarn.

Remove markers while working the next row.

Next row (RS): BO 3 (3, 3, 4, 3) sts, k to m, join a new yarn and BO all sts to next marker, k to end.



Next row (WS): BO 3 (3, 3, 4, 3) sts, p to right neck edge; (on left neck edge, with the original yarn) p to end. 14 (15, 16, 16, 17) sts rem at each side.

Next row (RS): BO 2 (3, 3, 3, 3) sts, k to neck edge; BO 3 (3, 4, 4, 5) sts, k to end.

Next row (WS): BO 2 (3, 3, 3, 3) sts, p to neck edge; BO 3 (3, 4, 4, 5) sts, p to end. 9 (9, 9, 9, 9) sts rem at each side.

Next row (RS): BO 2 (2, 2, 2, 2) sts, k to neck edge; BO 2 (2, 2, 2, 2) sts, k to end.

Next row (WS): BO 2 (2, 2, 2, 2) sts, p to neck edge; BO 2 (2, 2, 2, 2) sts, p to end. 5 (5, 5, 5, 5) sts rem at each side.

BO all remaining stitches. Break the yarn.

## Join shoulders

Gently steam block the piece. Sew shoulder seams and the CO stitches at underarm.

## Sleeves

With RS facing and US 8 (5mm) dpns, beg at center of underarm, pick up and knit 22 (25, 27, 28, 31) sts along armhole edge to shoulder seam (approx. 2 sts every 3 rows), then pick up and knit 22 (25, 27, 28, 31) sts to underarm. 44 (50, 54, 56, 62) sts. Pm and join to work in the round. Work even in St st 2 (2, 4, 4, 2) rounds.

## Sleeve shaping

Dec round: k1, k2tog, k to last 3 sts before m, ssk, k1. (2 sts dec).

Work even in St st 17 (11, 10, 10, 7) rounds.

Repeat last 18 (12, 11, 11, 8) rounds 3 (5, 6, 6, 8) more times. 36 (38, 40, 42, 44) sts rem. Change for US 7 (4.5mm) dpns.

## Cuff

Next round: \*(k1, p1); repeat from \* to end.

Repeat last round 11 times.

BO in pattern.

## Neck band

With RS facing and US 7 (4.5mm) circular or dpns, beg at right shoulder seam, pick up and knit 40 (42, 44, 46, 48) sts along the back neckline and 48 (50, 56, 58, 62) sts along the front neckline. 88 (92, 100, 104, 110) sts. Pm and join to work in the round.



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Next round: \*(k1, p1); repeat from \* to end.

Repeat last round 7 times.

Change for US 6 (4mm) dpns and work as established for 2 more rounds.

BO in pattern.

## Finishing

Weave in ends. Steam or wet block to the finished measurements.



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